

WELWYN GARDEN CITY
UNITED REFORMED CHURCH



APRIL & MAY MAGAZINE

Last Tuesday was a beautiful morning, the sun was shining and it felt quite warm. I had decided to give my Achilles a trial on a longer walk and Roger and I set out with the dogs for my first walk in the woods since last November! The dogs loved it and I felt as if I had emerged from a dark winter!!! It was wonderful to hear the cacophony of birdsong (almost drowning out the traffic on the A1M!) and there were signs of spring everywhere.

Bare branches on the trees are beginning to change colour as the sap rises to encourage leaves to bud. Catkins are already in evidence and pussy willow is also just coming into flower. Spring bulbs are blooming in gardens with snowdrops and daffodils flowering at the same time along with crocus and primroses in sunny corners. Without a doubt spring is on its way, the mornings and nights are lighter and there is some real warmth in the sun. The Remembrance Garden is ablaze with colour, there are lambs in the fields and I have even heard an early cuckoo already arrived from its long flight after spending the winter in Africa.

Signs of new life are everywhere encouraging us on our journey as Lent will soon give way to Easter and the time of preparation will reach its conclusion as the drama of Holy Week unfolds.

Can I encourage you to read through the week with me? And what a week!

The triumphant entry into Jerusalem on Palm Sunday (Matthew 21:1-11); the day that Jesus rode into Jerusalem on a young donkey colt. The people lined the way, waving palm branches and crying, *Hosanna! Blessed is He who comes in the name of the LORD!*

Waving palm branches was a Roman custom that was used to welcome a ruler or king. The significance of the Palm branch lies in the fact that the people were welcoming Jesus as they would a new political leader. Jesus' message to them was symbolized in the animal that he rode. A ruler would have been riding on a horse. Jesus chose to come in a humble way.

Then there was the turning over of the tables in the Temple on Monday (Matthew 21:12-17) when Jesus became very angry and said, 'It is written, *'My house will be called a house of prayer.'* but you have made it a den of thieves.' Jesus made a whip and drove out the vendors and their animals. He overturned their stalls and buckets of money.

On Tuesday we remember that every day Jesus came to teach at the temple (Matthew 21:23-46). One of the teachers of the law asked Jesus, Of all the commandments which one is the most important?

Jesus replied, *Hear, O Israel, the Lord our God, the Lord is one. Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: Love your neighbour as yourself. There is no commandment greater than these. Mark 12:28-34*

On Wednesday we are at the home of Mary and Martha (John 12:1-7). Martha and Mary were friends of Jesus. Their brother Lazarus was the man that Jesus raised

from the dead. They wanted to give Jesus a special dinner to celebrate and give thanks. The dinner was held at the home of Simon, a leper that Jesus had healed. This was a night for celebration. Lazarus was alive! Simon was healed! What the guests did not realize was that in just a few short days Jesus would die.

The story tells about one woman who gave of the best that she had.

On Thursday we read the story of the Last Supper from John 13:1-11. We remember Jesus washing the disciples' feet and reading on we discover all he shared with them, preparing them for what was to come.

And then the prayers in the garden (Matthew 26:26-36), the arrest (Matthew 26:37-46), Peters denial; Jesus trail (Matthew 26:57- 27:26) through the darkness of Saturday to the glorious realisation on Easter Day that Christ is indeed risen just as he told them he would. (Matthew 28).

What a journey! Jesus gave everything he had, emptying himself that we might be filled, becoming the only thing the people of Israel could understand- the sacrificial Lamb of God who took away the sins of the world. Here Temple life and eternity bump into each other; many understand but the majority don't get it.



Thank goodness that we do. And even if we don't understand it all, the knowledge that Christ is risen and is alive and present with us today is more glorious than emerging from a dark winter! The dawn has come and the glory of the Lord blazes all around us not just on Easter morning but every day of our lives so we can say on Easter Day:

Christ is risen, he is risen indeed! Halleluiah!

Happy Easter

With love and prayers for the joy of this season to transform your hearts and renew your minds.

Jane

Secretarys Notes

Looking to the Future

As I settle down to write my Secretary's notes for this issue of our magazine I can't help but feel a little excited about the future for our church. At last we are one step closer to realising all our hopes and dreams of creating a Community Hub in the centre of Welwyn Garden City.

All the research, consultations and Feasibility Study outcomes have brought us to where we are now and we are looking to appoint a firm of architects. Their expertise, ideas and advice will enable us to create a building which will be capable of fulfilling the challenges God is bringing to us. However we all have to make a commitment to support the project if we are to see the plans produced become a reality.

We must all pray for God to guide and help us to follow his vision for this church. We must also investigate ways to realise the finances which will be needed to make this vision succeed. The answers to these prayers may not come as quickly as we would wish but we must not give up on praying for God to show us the way and provide the answers we need.

Waiting and being patient seem to be virtues that we as a society find difficult. We complain if we are kept waiting in a queue or if it takes too long to be served in a restaurant.

Our lives are filled with more and more gadgets which respond immediately to the touch of a button or a voice command. We have come to expect immediate results in all areas of our lives and we carry this desire for immediate results into our prayers. We often become disillusioned if we feel God isn't responding as quickly as we would wish. We must remember that waiting patiently is not easy and there are so many stories in the bible where people spent long periods of time waiting on God to give them the answer or fulfil his promise. Just like these few examples below.

Abram and Sarai waited twenty five years for God to fulfil his promise that they would have a child.

The Israelites suffered in Egyptian slavery for over four hundred years waiting for God to deliver them.

Samuel anointed David king of Israel but David waited years before taking the throne which was rightfully his.

The Apostle Peter wrote The difficult work of waiting often seems to be part of our relationship with God.

And in 2 Peter 3:8 it says Do not forget this one thing dear friends. With the Lord a day is like a thousand years and a thousand years are like a day.

So let's not be discouraged, if things aren't moving as quickly as we would like. Keep praying, have patience and God will answer and show us the way forward.

It may take several years but we can with God's help fulfil his and our vision for Welwyn Garden City United Reformed Church.

Church Windows

I hope you have all noticed in Church the new double glazed window which has been installed. This window was the most dangerous of the six large windows. All are in need of replacing for safety as the existing frames are rotting. Ultimately when all six

are installed they will enhance the appearance of the building from outside while helping to retain heat and ultimately reduce our heating costs. Sadly they do come at a price. The window cost £2,827.20 to make and the installation cost was £1,728 making a total of £4555.20 which was paid from the Fabric Fund.

It was decided at a recent Project Team Meeting that we would focus all our fundraising on raising enough money to replace these windows which may mean one at a time.

Last November's Christmas Fayre profits plus a generous gift of £1000 from an acquaintance of Christine's, for which we are extremely grateful, has the fund sitting at present at £2,274.23 which is £2280.97 short of our second window. Hopefully with the funds raised at the Quiz Night and other events throughout the year we should be in a position to go ahead with window number two.

If you have any ideas on how we could boost the fund, would like to make a donation, or any fund raising suggestions please let me know.

I will keep you updated with the fund totals in the magazine.

Meanwhile our thanks go to Philip for organising the production and installation of the first window.

Easter

Could you and your family or the group you attend in Church decorate a windowsill for Easter?

It would be wonderful to get everyone involved so please consider carefully. Anything with an Easter Theme. The Easter Story, Easter eggs, bunnies, blossom, bonnets etc.

We will be decorating the Church for Easter on Saturday 15th April from 10am -1pm. We need volunteer helpers on the day. **Young and old you can all join in.** It's not all flower arranging and we are a friendly bunch so please try to come along. I promise to bring the Hot Cross Buns and we can all enjoy working together to make the Church special for Easter Sunday.

If you would like to decorate a windowsill but can't come on the 15th let me know and I will make sure you can pop in and set it up at a time which is convenient to you. We will be Dressing the Cross during worship on Easter Sunday so please bring a bunch of daffodils if you can to add to those which I will be providing.

Well friends you must all be weary reading all my ramblings and I am sure to have missed out something important but I think it is wise to close now before I burden you any more.

Keep us all in your prayers now and always as I keep you all in mine.

God bless Joyce



TEA DANCES.

Well, the tea dance certainly left us delighted if somewhat stunned about where everyone came from for our March dance. We were happily inundated with new people coming through the door.

As a result, serving tea and coffee to so many proved trying, and it would have been lovely if we could have had a couple of extra people to help serve with us.

If you have a spare hour on the first Saturday of the month and would like to give of your time you would be welcomed with open arms.

We need help from 2.45pm for approximately one hour, although we would be happy for you to join us from 2pm until 4pm when you can sit and enjoy the very pleasant music before and after the interval.

Talk to me anytime and I am convinced that you will enjoy the experience. Go on, give it a go.

Jean Hughes

Building church for children

One of my favourite action songs is:

“I am the church, you are the church, we are the church together.
All who follow Jesus all around the world: Yes, we’re the church together.”

The song goes on to explain that church is not the building, but the people in all their diversity.

And so in Junior Church on Sunday mornings we are in the business of building relationships, between each other and through Jesus with God. We are helped by games and social time with toys, words and stories from the bible and prayer time and arts and crafts. Our session material is taken from Roots, a national programme following the lectionary bible readings which has flexible material for ages 3 to 5 and 6 to 12 all in the same place. The youngest may only concentrate around the theme for a few minutes but they are learning, too, through playing nearby and being alongside the older children. And it’s wonderful to see older ones helping the youngest in activities – an opportunity for them to practise caring. We also enjoy joining the adult congregation at the end for some worship altogether and socialising afterwards. So the children get to see how important church is to older family members, too, and to be assured of their place in the wider congregation. And we

sometimes provide the Roots take-home sheet about the theme which parents can discuss with their child afterwards.

There are many competing pressures on family life, with work and extended family commitments besides church. And it's not surprising many families only get to attend on Sundays occasionally. Breakfast Church on Saturdays and Holiday Club in half-term provide other valuable opportunities for children to make friends at church and grow in their faith. Please pray for all our children as they grow in faith at church, at home, at school – well, everywhere!

Church Community News

Things are getting busy in the life of the church - just like the evidence of flowers, blossom and leaves are breaking through the barren land - things are cropping up all over the place!

We are getting inundated with requests for use of the building from existing and new contacts, resulting in the formation of a team response comprising of Cherylle (private and events), Christine (community activities and groups) and Helen (invoices); developments of new groups with existing partners are also taking place with the recent NHS Diabetes Group and Depression Group.

We are also being challenged about how to best support the homeless, practically, emotionally and spiritually, as we work alongside the relevant community organisations, especially when people still fall 'between the gaps'. I have been reminded on many occasions that we are here to meet their needs (Matt 25 v 44). Part of this is to co-ordinate the current collective church offer, including the Coffee Morning, Cellar Club, Foodbank and befriending; I would be keen to hear from anyone with any information or a particular interest in this ministry.



Finally, we have finished our 'RAG RUG'! This has been a wonderful community effort where we encouraged every one at the Tuesday Coffee Morning to contribute. A special thank you to Jenny who inadvertently became our Rag Rug Tutor and was fantastic at teaching others how to do it. It seems only fit that she is the one showing off the final product (see photo).

Christine, Mission Co-ordinator

Stop Building Walls, Start Building Bridges

“The Lord stood with me and gave me strength so that I might preach the Good News in its entirety for all the Gentiles to hear.” (2 Timothy 2:17a NLT)

When you're lonely, you need to focus on others and not yourself. The loneliest person in the world is the person who's self-centred and wrapped up in themselves. God wired us to give our lives away, to help others, to think of others and not just ourselves.

If you want to break out of loneliness, stop saying, "I don't have any friends," and start being a friend. Stop focusing on yourself and instead give yourself away. Instead of focusing on yourself, you need to emphasize others' needs.

Loneliness is often a fear of love. We're afraid to be open. We're afraid to be vulnerable. We're afraid to share how we really feel. We're afraid to step out and risk a relationship because we might be rejected, and we know what that pain feels like.

When we fear love, we don't give ourselves away, and we're guaranteeing ourselves loneliness. We set ourselves up in a self-imposed prison of solitary confinement that is absolutely unnecessary. Give your life away!

When Paul was in prison and about to be executed, he said all his friends had left him, but God was with him. That gave him the strength to reach out to others and complete the work God had given him: *“The Lord stood with me and gave me strength so that I might preach the Good News in its entirety for all the Gentiles to hear”* (2 Timothy 2:17a NLT).

The key to overcoming loneliness is to stop building walls and start building bridges. Stop building walls between you and other people. Start building bridges. Take a risk. Begin to help other people.

There are thousands of people in the world who need your love. Re-channel it. If you hold it in, it's going to dry up and wither away. You need to find a place you can use your talents and gifts to help other people. Give yourself away. When you do that, the loneliness will dissipate.

Cherylle Cooper

The Story of The Nails In The Fence

There once was a little boy who had a bad temper. His father gave him a bag of nails and told him that every time he lost his temper, he must hammer a nail into the back of the fence.

The first day the boy had driven 37 nails into the fence. Over the next few weeks, as he learned to control his anger, the number of nails hammered daily gradually

dwindled down. He discovered it was easier to hold his temper than to drive those nails into the fence.

Finally the day came when the boy didn't lose his temper at all. He told his father about it and the father suggested that the boy now pull out one nail for each day that he was able to hold his temper. The days passed and the young boy was finally able to tell his father that all the nails were gone.

The father took his son by the hand and led him to the fence. He said, "You have done well, my son, but look at the holes in the fence. The fence will never be the same. When you say things in anger, they leave a scar just like this one. You can put a knife in a man and draw it out. It won't matter how many times you say I'm sorry, the wound is still there."

The little boy then understood how powerful his words were. He looked up at his father and said, *"I hope you can forgive me father for the holes I put in you."* **"Of course I can,"** said the father.

Easter Bible Trivia Quiz

1> The bible states that Jesus was scourged. What does the word scourge mean?

- a. Whip b. Starve c. Wash d. Banish

2> What colour was the robe that the Romans placed upon Jesus?

- a. Yellow b. Green c. Blue d. Purple

3> What kind of crown was placed upon Jesus' head?

- a. A crown of ivy b. A crown of nails c. A rusty piece of barbed wire d. A crown of thorns

4> "Take ye him, and crucify him, for I find no fault in him." Who made this statement?

- a. Herod b. Pilate c. Mary Magdalene d. Judas

5> How many gospels are in the bible?

- a. 9 b. 7 c. 4 d. 8

6 What did the Romans do with the coat that Jesus had worn?

- a. Gave it to a beggar b. Burned it c. Ripped it d. Cast lots

7> What kind of cloth was used to wrap the body of Jesus?

- a. Cotton b. Linen c. Canvas d. Burlap

8> According to the Bible, the body of Jesus was placed in a sepulchre. What, according to the dictionary, is a sepulchre?

- a. An urn b. A tomb c. A mausoleum d. A coffin

9> According to the Bible, who discovered that the rock had been rolled away from Jesus' burial place?

- a. Luke b. Pilate c. John d. Mary Magdalene

10> How many angels, according to the Gospel of John, were inside the sepulchre?

- a. Five b. Ten c. Two d. None

11> After being resurrected, Jesus goes to see his disciples. Which disciple was not present at this time?

- a. Simon b. Paul c. Peter d. Thomas

12> After being resurrected, Jesus shows himself to the disciples beside which sea?

- a. Red b. Tiberias c. Caspian d. Dead

13> Which disciple betrays Jesus to the chief priests?

- a. Thomas b. Judas c. Peter d. Simon

14> What is Jesus' disciple betrayer given?

- a. His freedom b. 10 pieces of gold c. 200 pieces of eight d. 30 pieces of silver

15> In the Gospel of Matthew, it is said that Jesus was delivered to Pontius Pilate. What rank is given to Pilate?

- a. General b. Governor c. Emperor d. Caesar

16> The Bible states that Jesus' betrayer committed suicide. How did he do this?

- a. He hanged himself b. He slit his wrists c. He drowned himself d. He jumped off a cliff

Answers:

1> Whip - Jesus was whipped and beaten before being crucified.

2> Purple - The colour purple is mentioned in John and in Mark. Matthew states that the robe was scarlet.

3> A crown of thorns - The Romans wanted to mock Jesus, so they gave him a 'crown'.

4> Pilate - Pontius Pilate washes his hands as a sign that he is not responsible for the crucifixion.

5> 4 - The four gospels are Matthew, Mark, Luke and John. The 'Easter Story' is in the gospels.

6> Cast lots - The coat was said to be without seams.

7> Linen - The body was wrapped in linen scented with spices.

8> A tomb - Once Jesus' body was in the sepulchre, a rock was rolled across the opening.

9> Mary Magdalene - The Bible says that she was there before the sun came up on the first day of the week.

10> Two - There was one where the head of Jesus had been and one at the feet.

11> Thomas - Thomas was told by the other disciples that Jesus had risen from the grave.

12> Tiberias - This body of water is also referred to as The Sea of Galilee.

13> Judas - Judas betrays Jesus three times.

14> 30 pieces of silver - The Bible simply refers to the coins as silver. Historians argue about what kind of coins they would have been. They may have been silver Tyrian shekels.

15> Governor - According to some historians, Pilate held the title of prefect.

16> He hanged himself - He committed this act after returning the money he had been given.

CHURCH FAMILY CORNER

Unlike in our last magazine, there are lots of birthdays to celebrate this time, both in April and May. First up is Elspeth Mc. who will be 95 on April 5th, followed by Etta B celebrating her 90th birthday on 12th, then Margaret T on 15th, Graham D on 23rd, Joan W (99!) on 24th and lastly Jim B on 27th.

April birthdays for our young people start with the twins, Howard & Alexander, who will be 3 on 9th, followed by Skye who will be 10 on 20th.

May birthdays start with Margaret K on 1st, Joyce D on 16th, then Nano on 20th, Marianne S on 25th, Teresa R on 26th and Joan O on 31st.

The only May birthday among our youngsters is Luke A who will be 6 on 5th.

We send all these friends our congratulations on their birthdays and hope that they each enjoy their special day when it arrives.

We send our congratulations to Joyce and Bruce Nicolson on the birth of another granddaughter. Millie was born on 13th March, weighing in at 8lbs, a first child for Sean & Nadeen, who live in Stevenage. We wish them every happiness in their new role as parents.

We send our love and best wishes with Jessie Cleese as she moves to Chester where her two daughters live. Jessie is very pleased that her new bungalow is very close to the local Methodist church, so she is going back to her old roots!

Sheila Chamberlin has moved from the Lister hospital into Elizabeth House. We send our good wishes to Sheila and hope that she is settling in happily.

It was good to see Don Bull in church recently and we send our good wishes to him and his wife, Pam, who continues to endure pain and ill health with stoicism. It is also good to see Bertie on Sundays, brought in his wheelchair from St Andrews by his carer, Alex.

We continue to pray for those in our Church Family who most need our prayers. Their names are mentioned in our pew leaflet each Sunday so please take the list home with you.

Thank you for your prayers and support

Ann Meers, on behalf of our Pastoral Care Team

WORSHIP TEAM

As most of you are aware, I am a very 'appealing' person.

My latest appeal is for new team members to join the Worship Team.

If, having experienced our services over the past 9 months, you feel that you could offer some part of you to assist us in praising the Lord, then please consider talking with one or other of the team.

You have seen what we do and all it needs is the desire to share your love of God with the congregation.

Can you offer the prayers? Are you able to lead the service? Would you consider the 'Introduction to the Theme'? Or, do you have a burning sermon, lying dormant inside you, just itching to be released?

Every role is important if we are to give a satisfactory, or better still, an encouraging service of worship to all who come for sustenance and fellowship.

We only do one service a month, and the more of us involved the less often we would be required to serve.

Please think seriously about this and find out what you are capable of. Most of us at the beginning, were well and truly out of our depths but over the few months that we have been together we have surprised ourselves considerably. If I can do it, then you can for sure. Come on, dip your toe in the water and see how good it feels.

Jean Hughes



Saturdays

Apr 1st, May 6th & 20th,

Jun 3rd & 17th

10.00 am to 11.30 am

Bring your family for a relaxing morning with breakfast, **playtime, toys and crafts,** a **bible story** & simple Christian songs.

No charge but donations appreciated.



Praying for prisoners

I was asked if we could have something in the magazine about praying for prisoners. Reflecting on the subject it seemed to lend itself to a series of articles so here we begin.

There are different kinds of prisoners across the world. Those who have committed crimes against people or property or have broken the law of the country where they live and those who may also have committed a crime, but theirs is a crime of faith and belief against what is allowable in their country.

Why pray for prisoners?

In the parable of the sheep and the goats Jesus says to the good and faithful servants – When I was in prison you visited me- they had no idea how this could be true but he explained that whatever they do for the least of these they did as if it was for him. Matthew 25:31-46.

Can we categorise prisoners?

I don't think we can. We have no idea what leads people astray and what circumstances in their lives set them enroute to a life of crime. Of course there will also be a small minority in prison who are innocent of the crime they have been accused of and if we cannot visit what better to do than to write to them or pray for them. If you are interested in writing to prisoners the Prison Fellowship is a good place to start. They say that prison is often a lonely and isolating place for prisoners who sometimes lose touch with their family.

“ Just receiving letters is a big thing for prisoners. We all love to get them.” Prisoner, HMP Dartmoor

“It would be easy to shut myself away and not have anything to do with the outside world, but I know it is important for me to have communication. I never knew what family was when I was growing up and I never learnt how to love.” Prisoner

“The letters.... have always been so friendly and uplifting.” A prisoner

Our Letter Writing programme enables prisoners to feel valued and supported while in custody. We have over 150 volunteers who are trained and writing to people in prison.

<http://www.prisonfellowship.org.uk/what-we-do/letter-writing/>

Prison Hope http://www.hopetogether.org.uk/Groups/272850/Prison_Hope.aspx is encouraging churches all across the UK to get involved in prayer or visiting local

prisons this year, praying for prisoners and their families, people who work in prisons and victims of crime. We could also Sponsor a Starter Pack - backpack with essentials for coming out of prison, distributed through Community Chaplaincy .

Heavenly Father,
We pray for those in prison
Who have given up hope of a different life.
We pray for the victims of crime
Who cannot shake off their fear.
We pray for those who work in prison
Who are overwhelmed by their task.
Unite us all in the power of your love,
Your justice and your mercy,
Through our Lord and Saviour
Jesus Christ.
Amen.

Written by Mother Susie Simpson,

Next Time Praying for persecuted Christian prisoners

HOLIDAY CLUB

At February half-term our Holiday Club took the theme of Peace, dealing with our own anger on the first day, and being Peacemakers for others on the second. We



told the story of Paul's conversion on the Damascus Road, his hate-filled heart being changed by God's love, and of David sparing Saul's life in the cave and making peace with him. Eight children joined our Club this time, five who have been before, plus two of our friends from Breakfast Church, and the brother of one of our Chatter & Tots children. They enjoyed saying prayers

for peace in our makeshift tent, flying their peace doves around the hall, and knocking down the shoebox wall with horrible words to build it up again with words of love and peace. Which kind of wall do you think is stronger?

As ever, Big Thanks to all our helpers, and especially to Allison who had also prepared some of the materials.

Please help Christian Aid!

Christian Aid Week

14-20 May 2017



We hear and read about the suffering of refugee families living in a tent somewhere in Europe and feel powerless to help. This year's Christian aid collection will give us the chance to do something – by collecting and by giving. The focus is on Nejebar from Afghanistan. Her husband was a teacher who was threatened with torture and death as he worked for the government as a teacher. A relative had died in that very way and so they travelled for months in rain and snow with five children and ended in a tent in Greece.

Our small team of collectors needs help. We will be collecting between 14 and 20 May. Please let me know if you are willing to help. You might like to go out with an experienced collector and collect alternate houses – or, if you feel reluctant to ring doorbells, you could help a lot with the collection by delivering the envelopes for someone else to collect. If you're not able to do either of these things, please pray for us and for the people whose doorbells we will be ringing and, above all, for the desperate people that Christian Aid will help!

Robert

Award

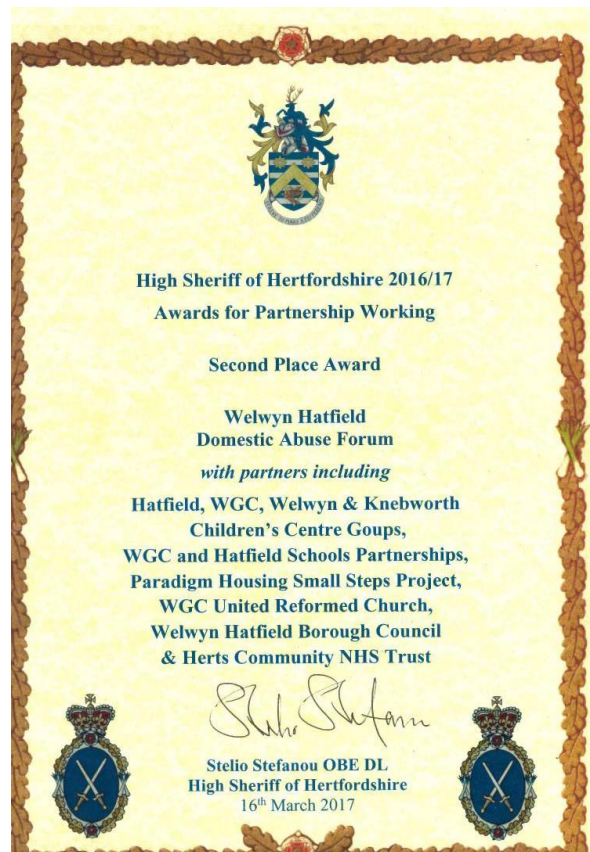


The WH Domestic Abuse Forum has been awarded Second Place for Partnership at the High Sherriff Awards Ceremony.

The award was in recognition of our collective voice, delivering awareness events in partnership, providing training via our annual conference, at Crucial Crew Year 9, supporting the Sunflower drop in, delivering the Freedom Programme and most importantly creating these strong partnership links amongst our services.

We were awarded £2000 which will go towards our current project 'My child and I' which looks at the impact of Domestic Abuse on children, and towards developing a change programme to follow on from the Freedom Program.

The judges were inspired by the evident passion of the partners for their work and by how much strength they drew from working together



What's on in the Church

April / May 2017

| Group Name | Day | Time |
|--|-------|------------------------|
| Welwyn Hatfield U3A Creative Writing Group (1 st) | Mon | 10am - 12noon |
| Freedom Programme | Mon | 12.30pm - 2.30pm |
| Welwyn Garden Craft Club (2 nd) | Mon | 2pm - 4pm |
| Hatfield Tai Chi | Mon | 7pm - 9pm |
| Pregnancy Yoga | Mon | 7pm - 9pm |
| Dinky Dancers | Tues | 9.30am - 10.30am |
| Community Coffee Morning | Tues | 10am - 12noon |
| MIND Life Skills Course | Tues | 10am - 11.30am |
| NHS Depression Group | Tues | 10am - 12.30pm |
| Lunchtime Discussion Group | Tues | 12.30pm - 2pm |
| Slimming World | Tues | 3.30pm, 5.30pm, 7.30pm |
| Diabetes Group | Tues | 3.30pm - 5.30pm |
| CBT Skills Group | Tues | 5.30pm - 7.30pm |
| Friends of the Hertfordshire Way | Tues | 8pm - 9.30pm |
| Welwyn Hatfield Women's Outreach Service | Weds | 9.30am - 11.30am |
| Knit and Natter (2 nd & 4 th) | Weds | 10am - 12noon |
| Carers in Herts (3 rd) | Weds | 12noon - 2pm |
| Bumps & Babies | Weds | 1.30pm - 3.30pm |
| Christian Meditation | Weds | 7.30pm - 8.30pm |
| Pregnancy Yoga | Weds | 7pm - 9pm |
| Chatter & Tots | Thurs | 9.30am - 11.15am |
| Sing & Sign | Thurs | 11.15am - 2pm |
| Thursday Club Social Group for 50+ (1 st & 3 rd) | Thurs | 2pm - 4pm |
| Cellar - Food for the Homeless & Vulnerable | Thurs | 4.15 - 6.15pm |
| Zumba (Toning Class from 5.45pm) | Thurs | 6.15pm - 7.15pm |
| WGC Folk Dance Club | Thurs | 8pm - 10pm |
| Trefoil Guild (2 nd) | Thurs | 8pm - 10pm |
| Explore The Bible Group | Fri | 10am - 11.30am |
| Start to do Art | Fri | 1pm - 2pm |
| Inbetweeners | Fri | 2pm - 3.30pm |
| Archaeological Society (2 nd & 4 th) | Fri | 8pm - 10pm |
| Tai Chi (1 st) | Sat | 8am-10am |
| Breakfast Church (1 st & 3 rd) | Sat | 10am - 11.30am |
| Tea Dance (1 st) | Sat | 2pm - 4pm |
| Chiltern West Gallery Quire (various) | Sat | 2pm - 5pm |
| Worship Service | Sun | 10.30am - 12noon |

Key to Groups: Children & Families

Physical

General

Hobby

Spirituality